



I.J. McIntyre — BIO (Keynotes)

Queenage™ is the inspiring philosophy of I.J. McIntyre. *"It's time for women to drop the gloom and doom attitudes towards getting older. Now is the best time ever to be a woman on the upside of 45!"* she proclaims.

A lifestyle planning expert for the second half of life, IJ studies, teaches and celebrates the art of living remarkably well, as women age. IJ is lawyer smart and farm girl friendly. She has a smile that lights up a room and draws people in to learn and laugh.

IJ's audiences love her unique blend of heart-spun wisdom and real-life research. Her upbeat and amusing presentations help the women in her audiences stride with confidence into the future and embrace the good fortune, fulfillment and fun of the Queenage™.

SELECTED CREDENTIALS

- Professional Retirement Planner (P.R.P.) designation
- Bachelor of Arts (Sociology) & Laws (University of Saskatchewan)
- Personality Dimensions® and Extended DISC® certifications

MEMBERSHIPS

- Vice President, National Board, Retirement Planning Association of Canada
- Professional Member, Canadian Association of Professional Speakers, Calgary Chapter

To book IJ for your next event contact:

IJ McIntyre

403.669.6851 • IJ@Queenage.com

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I.J. McIntyre — BIO (Workshops)

IJ is an engaging facilitator known for her interactive workshops that help people explore themselves, make plans and take positive actions! She's been designing and delivering sessions for more than twenty years in both the public and private sectors. Her workshop feedback says she uses the right methods and tools together with her facilitation skills to ensure maximum participation of all participants.

IJ's specialty is facilitating life planning workshops for Boomers. Her *Finding your True North* workshops helped Calgary Health Region employees considering career changes and Investors Group Financial Services clients contemplating retirement. In addition, IJ is licensed to deliver Nell Smith Career Service's *Retire to the Life you Design* workshop.

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